

# Oklahoma Developmental Disabilities Council

## State Plan 2017-2022: Goals, Activities and Objectives

### PART E: 5-YEAR GOALS [Section 124(4); Section 125(c)(5)]

#### Goal 1 - Advocacy and Self-Advocacy Skills Improvement

*Planned for years: 2017, 2018, 2019, 2020, 2021*

Oklahoma's advocates for people with intellectual and developmental disabilities will have access to training to improve systemic and individual advocacy skills, and assistance in placement on public and private; local, state, and national; boards, commissions and the like.

#### **Expected Goal Outcomes:**

The Oklahoma Developmental Disabilities Council will graduate 100 Partners in Policymaking and 80 Youth Leadership Forum alumni over the next five years. Our goal is to place 10% of these graduates and other advocates we identify from conferences or training events onto local, state, and national advisory boards or toward employment opportunities that will influence public policy in Oklahoma.

#### **Objective 1.1** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Recruit and train up to 30 individuals to become advocates and leaders in their communities, using the trademarked Partners in Policymaking curriculum annually through FFY 2022. Assure short- and long-term outcomes are recorded, and follow-up with all those trained to assure to the greatest extent possible that graduates lead good lives.

#### **Objective 1.2** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Train, empower and build self-esteem of up to 30 youth leaders through the Youth Leadership Forum curriculum annually through FFY 2022. Assure short- and long-term outcomes are recorded, and follow-up with all those trained to assure to the greatest extent possible that graduates lead good lives.

**Objective 1.3** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Assist and promote at least 10% of the Council's trained individuals per year to identify and seek membership on public or private; local, state or national public policy-making board, commissions, councils, committees, and the like, through FFY 2022.

**Objective 1.4** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Provide funding and technical assistance for to up to 5 statewide organizations to provide conferences and trainings using experts in the field of the I/DD annually through FFY 2022, as funding is available.

**Goal 2 - Supporting Self-Advocacy in Oklahoma**

*Planned for years: 2017, 2018, 2019, 2020, 2021*

The Oklahoma Self-Advocacy Network (OKSAN), Oklahoma People First (OPF) and its individual chapters, and other organizations composed of people with disabilities will be strong, diverse, and effective leaders of statewide efforts to promote rights, responsibilities, and opportunities of Oklahomans with intellectual and developmental disabilities.

**Expected Goal Outcomes:**

Oklahoma People First (OPF) has been directly funded by the Department of Human Services' Developmental Disabilities Services Division for more than 20 years. Over those years, the number of local chapters and general membership of the organization has risen and fallen. A major concern of the Council is that those who participate in OPF are, by and large, age 40+ and have diagnoses of intellectual disabilities. The Council's goal, therefore, is to increase and revitalize the membership by writing and delivering new and important training beyond the typical role of public policy advocacy, and more toward "living good lives" in the community. We will be focus first on health and safety.

Additionally, the Council hopes to revitalize the organization by helping it to recruit younger people with wide-ranging disabilities - most of whom tell they don't care to be categorized as people with disabilities. This is a double-edged sword that will require additional planning.

**Objective 2.1** *Planned for years: 2017, 2018*

Provide guidance, assistance, and funding to strengthen the organizational and management skills of the individual and organizational members of the Oklahoma Self-Advocacy Network through at least FFY 2018 by developing and training 25 discrete self-advocates per year in leadership and organizational skills development through the training know as SALT: Self-Advocacy Leadership Training.

**Objective 2.2** *Planned for years: 2017, 2018, 2019*

Provide guidance and funding to promote the training of self-advocates to write personal emergency plans, and promote persons with disabilities to local emergency management personnel for membership on advisory committees. 25 Oklahomans with intellectual and developmental disabilities will have written individual emergency preparation plans annually through FFY 2020.

**Objective 2.3** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Provide guidance and funding to promote the training of self-advocates to develop and teach a curriculum the promote health; health literacy; wellness; nutrition and healthy eating; sexual health and safety; and exercise. Once curricula are written, 80 Oklahomans with intellectual and developmental disabilities will receive this training annually through FFY 2022.

**Objective 2.4** *Planned for years: 2017, 2018*

By the conclusion of FFY 2018, pilot an enhanced People Planning Together training for middle-school-aged youth with disabilities. This training should highlight self-awareness and self-esteem related to a disability; promote personal and systemic advocacy; focus youth toward post-secondary education, employment, and other opportunities; promote peer-to-peer relationships and support; and empower youth to seek supports, not just services and entitlement programs.

**Objective 2.5** *Planned for years: 2017, 2018*

Convene, and conclude by the end of FFY 2018, a task force to discuss outreach efforts to ensure more people with disabilities are part of personal and systemic "self-advocacy." Diversity of age, disability type, culture/ethnicity, living situation, and geography should be among the discussions, as well as communication strategies to this wider audience. Discussion will also include publicity of advocacy training programs and classes, as well as mentoring and peer support for self-advocates.

**Goal 3 - PCT and CoP Foundation Training**

*Planned for years: 2017, 2018, 2019, 2020, 2021*

Oklahoma's population of persons with intellectual and developmental disabilities, including those receiving and not receiving formal supports and services, will be aware of the concepts of Person-Centered Thinking and the Supporting Families Communities of Practice (CoP) toward "Good Lives."

## **Expected Goal Outcomes:**

Person-Centered Thinking and Supporting Families philosophies contain revolutionary and important new ways of thinking in terms of providing supports and services to individuals and families. The Council's goal is to train these concepts across human service agencies and among individual and systems advocates in Oklahoma to ultimately influence changes in policy and practice.

### **Objective 3.1** *Planned for years: 2017, 2018, 2019, 2020, 2021*

As a state participating in the national Community of Practice around Supporting Families, facilitate opportunities to advance each family's unique path toward self-determination, interdependence, productivity, integration, and inclusion in all facets of community life for families that include a person with an intellectual or developmental disability through FFY 2022.

### **Objective 3.2** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Work with BIOS, DHS Developmental Disabilities Services, the Center for Learning and Leadership, and others to provide the infrastructure, organization and resources to support a Person-Centered Thinking and Supporting Families Community of Practice Learning Community in Oklahoma, including quarterly meetings, for the purposes of skill-building, practice with the tools, and problem-solving through FFY 2022.

### **Objective 3.3** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Support Oklahoma Developmental Disabilities Council and Department of Human Services' staff involved in Person-Centered Thinking to achieve and maintain trainer/facilitator qualifications, including potential certification as Mentor Trainers, annually through FFY 2022. As funding is available, assist other certified trainers and facilitators to maintain their certifications through FFY 2022.

### **Objective 3.4** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Financially and administratively support a "Southwest Gathering" on Person-Centered Thinking, to be held annually through FFY 2022.

### **Objective 3.5** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Plan, support, and implement at least semi-annual 2-day trainings for agencies and organizations looking to become more person-centered in their policy and practice annually through FFY 2022.

**Objective 3.6** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Working with the national Community of Practice states and contractors, fund the translation of materials related to Person-Centered Thinking/Person-Centered Planning and Supporting Families Community of Practice into Spanish and other languages (including Braille) as practical and requested, through FFY 2022.

**Goal 4 - Informing Citizens and Policymakers**

*Planned for years: 2017, 2018, 2019, 2020, 2021*

The Council will proactively inform citizens and elected and non-elected policymakers of best and promising practice related to services and supports for people with I/DD, including DD Council activities and resources, and will use such information to improve community integration and positive perceptions of those with intellectual and developmental disabilities. The Council will publicize results and statistics annually through 2022, and upgrade systems and information current with need.

**Expected Goal Outcomes:**

Over the last few years, the Council has positioned itself as a provider of training to a wide variety of audiences. This has been a great education for the Council - and the staff has met many people in many professions that have been important connections, such as city managers, utility providers, security guards, and EMTs. The goal for this is, and will continue to be, creating more welcoming communities comprised of individuals who understand the value of people with disabilities and who understand the issues that will confront them in trying to live good lives in the community.

**Objective 4.1** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Council staff will develop and construct the Oklahoma Disability Information Gateway website by FFY 2020, to include at least 100 discreet informational topics of interest to advocates for people with I/DD. DIG will continually be updated and expanded through FFY 2022 as information changes and need arises.

Information will be categorized in a manner that is logical and user-friendly, and will include written articles and video presentations to assure accessibility.

**Objective 4.2** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Support the dissemination of 1000 resources per year through FFY 2022 from the Justin A. McCurry Resource Library, including Council brochures and reports, brochures and reports from

other agencies and organizations, and loaned resources from the Justin A. McCurry Resource Library.

**Objective 4.3** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Identify and provide training to at least 10 public or private entities per year on disability culture and etiquette, youth leadership, person-centered principles and planning, supporting individuals and families, etc. for the purpose of creating positive perceptions and interactions with people with intellectual and developmental disabilities, and positive outcomes for individuals and families that include a person with intellectual or developmental disabilities, each year through FFY 2022.

**Objective 4.4** *Planned for years: 2017*

During FFY 2017, discuss the feasibility of funding a contract for public relations and marketing work for the Council and, potentially, its contractors. Among the potential deliverables for such a contract would be logo designs, website development and marketing, Justin A. McCurry Library marketing, video production for Council projects, the R-Word campaign, public service announcements, historic preservation of artifacts and noteworthy papers, and advocacy efforts within the state.

**Objective 4.5** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Working with the Metro Oklahoma City Library, determine a methodology for the cataloging and loaning of materials in the Justin A. McCurry Resource Library. Determine and implement a plan to keep the library materials timely, and to promote the library and its holdings. Implement all strategies through FFY 2022.

**Objective 4.6** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Determine and implement a methodology for better recording outputs and outcomes of Council activities. Continue to assess outputs and outcomes annually through FFY 2022.

**Goal 5 - Good Lives for Oklahomans with Disabilities**

*Planned for years: 2017, 2018, 2019, 2020, 2021*

With Person-Centered Thinking and the Supporting Families CoP as a foundation, the Council will support broad-range efforts to promote "good lives" for Oklahomans with I/DD and their families across the lifespan.

## **Expected Goal Outcomes:**

The Council's goal is to promote supports, not just paid services, for individuals with disabilities and their allies. Our goal is to realize the reduction of the waiting list for Medicaid waiver services, and the movement of people from the Medicaid roles and waiting list to being well-supported, included, and empowered citizens of their communities through the use of non-specialized, generic, free or inexpensive supports or services, so that Medicaid funds are reserved for those with the most significant disabilities.

An additional goal outcome is to provide supports to those who do not currently qualify for Medicaid waiver services in Oklahoma based on their primary diagnosis, age of on-set, or financial ineligibility.

### **Objective 5.1** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Facilitate Family Allies and Resources (FAR) Task Force, through FFY 2022, to: expand knowledge of how best to support parents with intellectual and developmental disabilities, learn about and implement "best practices" in terms of supporting these parents, embed "best practices" and service capacity within public and private agencies and organizations that train and support parents and assure child welfare, and promote needed changes in public policy related to parents with disabilities.

### **Objective 5.2** *Planned for years: 2017*

During FFY 2017, conduct a feasibility study for "call center" (actual or virtual) to be staffed by self-advocates and parents who can not only provide Information & Referral for services and supports, but can also build peer-to-peer support relationships. This study must be inclusive of issues related to on-going funding sources; cultural and linguistic responsiveness; evaluation methodologies; and the on-going, pro-active research of available supports and services statewide.

### **Objective 5.3** *Planned for years: 2017, 2018, 2019*

Work with stakeholders, through FFY 2020, to fund and develop the Oklahoma Enhanced Caregiving Initiative, with the goals of completing a caregiving needs assessment survey, providing respite care opportunities, and establishing care-giving support groups and peer networking. Discussion should include the role of provider agencies.

### **Objective 5.4** *Planned for years: 2018, 2019, 2020, 2021*

Beginning in FFY 2018, convene a task force of advocates to discuss a marketing and out-reach strategy related to assistive technology. This task force will discuss the evaluation and provision of assistive technology; the types and availability of assistive technology; and the role of assistive

technology to create and enhance good lives for Oklahomans with disabilities throughout the lifespan.

**Objective 5.5** *Planned for years: 2017, 2018, 2019*

Expand the work of Early Access to include screening of autism and other developmental disabilities and delays within the Choctaw and Chickasaw Nations, assuring that health and wellness personnel within those nations have the capacity to continue such screening and referrals in the future, through FFY 2020.

**Objective 5.6** *Planned for years: 2019*

During FFY 2019, contract with an attorney, law firm, or legal advocate for people with disabilities to write, publish and disseminate a "Legal Options Manual" for families, self-advocates, and caregivers for when an individual with I/DD reaches the age of 18.

**Objective 5.7** *Planned for years: 2017, 2018, 2019, 2020, 2021*

Promote the availability of ABLE accounts to individuals and families, to assure financial security and promote employment incentives for Oklahomans with disabilities, through FFY 2022.

**Objective 5.8** *Planned for years: 2017, 2018*

During FFY 2017 and 2018, explore the possibility of hosting a disability population section on the website MyCounterpane.com, to allow people with disabilities and their caregivers to blog, vlog, and potentially communicate with others in the community to offer and receive peer support.