



Developmental Disabilities Services (DDS)

Services Explanation

INTRODUCTION

DDS provides services to people with a primary diagnosis of intellectual disabilities through Home and Community-Based Waivers. People served may also have developmental disabilities such as autism, cerebral palsy and Down syndrome. Service delivery is provided through private agencies and individuals who have signed contracts to provide Home and Community-Based Waiver services.

CASE MANAGERS

People we serve are assigned a DDS case manager who develops an individualized plan for services. Case managers promote independent advocacy and are responsible for assuring services are high-quality and are located, planned and provided in a coordinated way.

Using a person-centered planning approach, the individual's team assesses needs annually and develops a tailored plan. At its core, the team consists of the individual, his or her legal guardian or advocate and the DDS case manager. Depending on the individual's unique needs, the team may also include residential and employment staff and/or professional staff like nurses, speech pathologists, psychologists and physical therapists. Case managers support and monitor the implementation of the individualized plan.



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Services Explanation *(cont.)*

IN-HOME SUPPORT WAIVERS (IHSW)

IHSW allow the individual and their families to select services which enable the individual to remain in their own home.

IHSW-CHILDREN (AGES 3 TO 17)

Waivers are designed for children living with a parent legal guardian or relative.

Services available:

- Adaptive equipment, which is not covered under the Medicaid State Plan Early and Periodic Screening, Diagnosis and Treatment Program (EPSDT)
- Architectural modifications
- Family training
- Habilitation training specialist (HTS)
- Respite
- Self-directed services (HTS, Goods and Services)

Specialty services below should be accessed through EPSDT programs or SSI-disabled children's programs (SSI-DCP):

- Adaptive equipment
- Assistive technology
- Behavioral health services
- Dental services
- Immunizations
- In-patient hospital
- Medical/health services
- Medical supplies
- Nursing services
- Occupational and physical therapy
- Outpatient psychological services (individual, family or group)
- Prescriptions
- Speech-language therapy



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Services Explanation *(cont.)*

IHSW-ADULTS (AGE 17+)

Waivers are designed to assist people living with family, guardians or relatives or individuals with intellectual disabilities living in their own homes or apartments.

All services available for children are also available for adults. Additional IHSW-Adults services include:

- Adult day services
- Dental exams
- Employment services
- Medical supplies and services

DDS SERVICES DEFINITIONS

- **Adult day services** are activities and care for a meaningful day provided in a licensed Adult Day Center
- **Architectural modifications** are alterations to an existing residence to enable a person to function with greater independence in their home
- **Assistive technology/adaptive equipment** is equipment or products to maximize a person's independence and capabilities
- **Family training** provides instruction in skills and knowledge pertaining to supporting an individual receiving waiver services
- **Habilitation training specialists (HTS)** are the primary providers of residential or in home support services; they provide assistance and training to promote a person's independence in activities of daily life as well as inclusion in the community
- **Health services** refer to services beyond the regular Medicaid state plan available through waivers such as dental exams, psychiatric treatment, skilled nursing, nutritional services and specialized medical services, including prescriptions over the regular Medicaid limit of three; for persons ages 16-20 these are covered by EPSDT, and SSI-DCP provides these services for people under age 16



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- **Remote supports** utilize technology to virtually support individuals; remote support staff are located off-site and provide assistance through two-way communication and monitoring system-driven alerts
- **Respite** provides funding to caregivers so they can pay another person to care for their loved ones and take a break from caregiving duties
- **Therapy services** are available for people age 21 and older and include assessments and treatment by psychologists, occupational therapists, physical therapists, speech therapists, audiologists and family counselors; EPSDT provides these services for people ages 16-20, and SSI-DCP provides these services for people under age 16
- **Transportation services** includes trips to and from medical appointments, recreational activities and community events specified in an individual's plan

EMPLOYMENT SERVICES DEFINITIONS

- **Supported employment** promotes an individual's capacity to secure and maintain a job in an integrated work setting; includes on-site training and activities provided in sites typically used by community members which promote individual independence and inclusion, unpaid work experience, job sampling and training through vo-tech or trade schools
- **Center-based services, or sheltered workshops**, help individuals achieve vocational potential through a controlled work environment; services include assessment, training and transitional programming leading to community job placements
- **Community-based services** are provided in sites typically used by community members which promote individual independence and inclusion, unpaid work experience, job sampling and training through vo-tech or trade schools