NO ONE DESERVES TO BE ABUSED
AND IN YOUR COMMUNITY
AND RESPECTED IN YOUR HOME
YOU HAVE THE RIGHT TO BE SAFE

WHAT CAN YOU DO?

Teacher
Police
Friend
Minister, Priest or Rabbi
Neighbor
Employer
Nurse or Doctor
Service Provider
A family member

Talk to someone you trust:

WHAT IS ABUSE?

• Touch you in a sexual way without your permission
• Family, partner or money or a way to control or punish you
• Medication, doctors or other health professionals, friends,
• Control access to your phone, home, money, information,

uncomfortable

• Give you looks or act in ways that make you feel

stolen

• Damage your home or property

called

• Call you names, yell at you or threaten you

hit

• Hit, push or hold you down

Does someone close to you:

KNOW THESE POSSIBLE SIGNS OF ABUSE:

• Fear what will happen to you if abuse is reported
• Fear that you will not be taken seriously

• Help on your abuse for support and care

• Be less able to escape abuse

• Not able to speak or sign your experiences

• Be less able to defend yourself

As a person with a disability, you may be at greater risk because

ABUSE can happen to ANYONE,

sexually or emotionally

Abuse is any repeated behavior used to control you physically,
YOU HAVE THE RIGHT TO FEEL SAFE:
- In your home
- At your job
- In your relationships
- With your family
- With your staff

YOU HAVE THE RIGHT TO FEEL RESPECTED.

STOP ABUSE BY REPORTING ABUSE!

Call the crisis line at 800-522-SAFE (1-800-522-7233)

Learn to Identify Abuse
Learn to Report Abuse
Learn to STOP Abuse

This message provided by the Oklahoma Developmental Disabilities Council, in cooperation with the OKDHS Domestic Violence Task Force